



## CONCERNED ABOUT A FAMILY MEMBER OR FRIEND?

Putting time and distance between a suicidal person and lethal means helps keep them safe.  
Explore options to temporarily store guns out of the home.

- Are they suicidal?
- Depressed, angry, impulsive?
- Going through a relationship break-up, legal trouble, or other setback?
- Using drugs or alcohol more often?
- Withdrawing from things they used to enjoy?
- Talking about being better off dead?
- Losing hope? Acting reckless? Feeling trapped?



For additional information or materials  
contact:

Safer Homes Collaborative  
4633 World Parkway Circle  
Saint Louis, Missouri 63134  
314.516.8454

FOR HELP  
CALL THE NATIONAL SUICIDE  
PREVENTION LIFELINE  
1-800-273-TALK (8255)

TEXT THE WORD:  
"TALK" TO 741-741

Adapted with permission  
from the New Hampshire  
Firearm Safety Coalition

